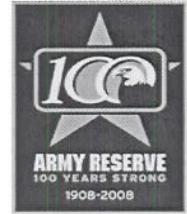




DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY RESERVE COMMAND
1401 DESHLER STREET SW
FORT MCPHERSON, GA 30330-2000

REPLY TO
ATTENTION OF



ARRC-MD

18 December 2008

MEMORANDUM FOR Army Reserve Major Subordinate Commands

SUBJECT: Post Deployment Health Reassessment (PDHRA) Program

1. References:

- a. Memorandum, Secretary of the Army and CSA, 23 Jan 06, subject: Post-Deployment Health Reassessment.
- b. OTSG/MEDCOM Policy Memo 06-005, HQ USAMEDCOM, MCCS, 7 Mar 06, subject: OTSG/MEDCOM Implementation Plan for Active Component Post-Deployment Health Reassessment Program (PDHRA).
- c. DoD Instruction 6490.03, 11 Aug 06, subject: Deployment Health.
- d. Memorandum, OCAR, AFRC-MD, 13 Sep 06, subject: Post Deployment Health Reassessment (PDHRA) Program for Army Reserve Soldiers.
- e. Memorandum, VCSA, 18 Jun 07, subject: Post Deployment Health Reassessment (PDHRA).

2. The Chief, Army Reserve has mandated all eligible Army Reserve Soldiers who have deployed to a combat zone complete a PDHRA. I am deeply concerned with the increasing number of Soldier "no-shows" at scheduled PDHRA events. Significant human and financial resources go into planning these events and we must ensure we act wisely with our resources. The contracted medical screening team cost can range from \$4,000 and up to administer a PDHRA event. Once obligation of resources is complete, it is imperative, as commanders, you take responsibility to ensure proactive coordination and planning is accomplished.

3. A PDHRA will be conducted at the 3 to 6 months post deployment timeframe in order to provide the Soldier an opportunity to access services for issues they may not have reported at the demobilization site. This event includes education, screening and a global health assessment to identify and facilitate access to care for deployment-related physical health, behavioral health and re-adjustment concerns. Remember, the PDHRA process is a "Commander's Program"; it takes care of Soldiers and ultimately impacts unit readiness.

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4. The Army Reserve will continue to monitor unit compliance and use of the medical screening teams during PDHRA events. All commands/units with a "no-show" rate of 30 percent or higher will provide a written justification to this Headquarters NLT 7 days after the PDHRA event. We have assigned a PDHRA Coordinator at each major reporting command to assist your unit in scheduling a PDHRA event.

5. For additional information contact, LTC Page Sikes, PDHRA Program Manager, at (703) 601-3499.



ALAN D. BELL

Major General, US Army

Deputy Commanding General

CF:
Commander
7th ARCOM
9th MSC